



I am truly happy to be one of the individuals who joined the Fun Ride today. I urge everyone who loves cycling not to miss this event, which takes place every last Sunday of each month. It's not only enjoyable but also greatly beneficial for our health.



PHASE 20 A Day to Remember at the Impact Fun Ride

## **OSTINA PHILIP** Community Member

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Today has been an incredible day riding with the ABC Impact Community. I've never ridden 20 km before, but today, I accomplished it. I had an amazing time meeting new friends and connecting with fellow girls who share a love for cycling.



I particularly want to encourage my fellow girls to join this Fun Ride. It has many positive impacts, and ABC Impact has initiatives to accommodate girls in cycling. Today, I was provided with a bicycle specifically designed for girls, from the design to the color.





